



OLD COLONISTS'

ASSOCIATION OF VICTORIA

Living Communities



Volunteer with us

CONTRIBUTE TO OUR WORK

Volunteers make an invaluable contribution to the life and work of residents and staff at the Old Colonists' Association of Victoria.

Our volunteers come from all walks of life and all ages assisting in our villages in Berwick, Euroa, North Fitzroy and St Helena. Each brings with them a special talent, skill and passion to transform the lives of older Victorians in need.

Some of our volunteers have used their experience as a stepping-stone into employment in the aged care sector. Others have used the opportunity to gain pre-employment experience in the caring professions.

Ways you can help include:

- Reading to and socialising with our residents
- Supporting our many groups, including arts and crafts, art therapy, animal therapy, or the men's group
- Assisting with transport and outings
- Maintaining our libraries
- Teaching residents' IT skills.

ELAINE MAKER



Elaine Maker visited her parents most days at Leith Park for 10 years, before her mother and then her father died.

Today she volunteers once a week, visiting people who are lonely or who need to be driven to medical or other appointments. Elaine's services are also called upon sometimes in the office to help with printing, or working alongside residents collating their family information and putting it into a small booklet for them.



Some people don't have families to visit them and they love to sit and chat. I try and brighten up their day a bit. It makes them feel good and it does the same for me.

Those moments make you realise how very easy it is to be kind to someone and to help make their life a bit happier.



OUR SUPPORT FOR OUR VOLUNTEERS

At OCAV we treat our volunteers as equally and fairly as our paid staff, valuing them for their input and calling for their opinions. We know first hand the immense contribution that all our volunteers make.

ONCE YOU JOIN US

Once you have signed up to become a volunteer, you will have to get a police check and provide us with the names of referees.

Once you have started volunteering with us, you are covered by our public liability insurance and you will be reimbursed for all out of pocket expenses.

Every volunteer is given a comprehensive orientation to the Old Colonists' Association of Victoria.

SOCIAL FUNCTIONS

We recognise and value our volunteers' contribution through:

- An annual recognition celebration
- Christmas party
- Special events.

PETER LEE



Peter Lee's sense of 'work' satisfaction has changed dramatically in the past year. He was General Manager of The

Technology Division of Tattersalls from 2000 to 2006, with a \$40 million budget, 200 staff and responsible for all the information technology activity of the company Australia wide. These days he is focussed on the men's group at Leith Park's aged care facility.



I felt the need to get involved in the local community in a voluntary capacity so that I could contribute something, give something back. I just make it a bit easier for some of the fellas to get to the men's group and to participate in the activities. Then I help them to get to happy hour and join the ladies who come. It's great that I can help older people be able to participate in activities that they enjoyed when they were younger and perhaps more able bodied.



ABOUT THE OCAV

For almost 150 years, OCAV has welcomed older Victorians with particular needs into its four villages, where they enjoy balanced, active, social and healthy lives.



OUR VISION

To be the benchmark provider of affordable, independent community living for elderly Victorians.



OUR MISSION

To advocate and provide affordable, safe and dignified independent homes for older Victorians within a village environment, and to offer appropriate and practicable extended care when it is required.



OUR VALUES

Safe, Responsible,
Dignified, Affordable,
Open, Improving.



OLD COLONISTS'
ASSOCIATION OF VICTORIA

For further information:

www.ocav.com.au/get-involved/volunteer

To talk to our Volunteer Coordinator:

T: 03 9433 1120

E: volunteers@ocav.com.au

www.ocav.com.au



twitter.com/ocav5



[facebook.com/Old-Colonists-
Association-of-Victoria](https://facebook.com/Old-Colonists-Association-of-Victoria)